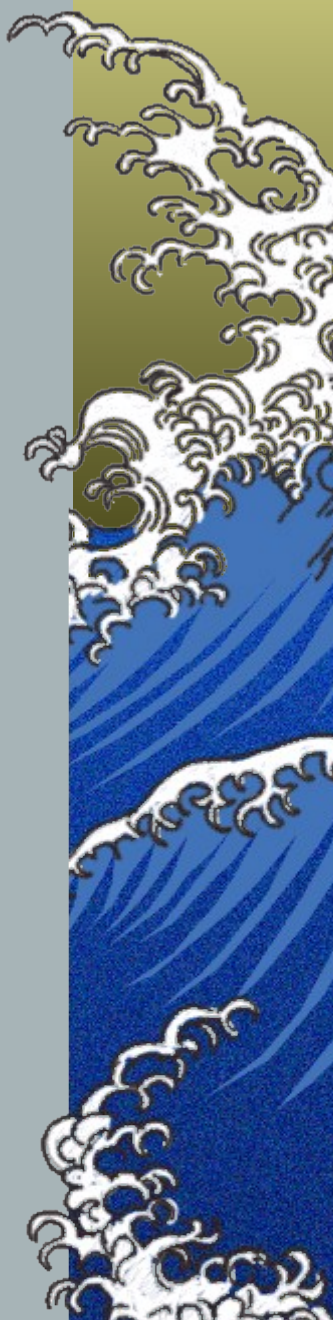
Nutrition Services In The Korean Peninsula

737-5521

- *Clinical Nutrition*
- *Community Nutrition*
- *Hospital Food Service*



Current as of: 21 April 2004

Scope of Clinical Services

- *Provide comprehensive outpatient and health promotion services to the Yongsan Garrison. Provide inpatient nutrition services to the 121st General Hospital*
- *Provide monthly outpatient and health promotion services to Camp Casey, Camp Red Cloud, Camp Humphreys, and Camp Walker*

Referral of Patients

- *Outpatients may be referred thru electronic consults*
- ***Please assure that an up-to-date telephone is provided for electronic consults***
- *In-patients at the 121st General Hospital are all screened for nutritional risk. Specific consults may be written on a consult form*

Important Nutrition Issues—*Nutrition Screening*

- *JCAHO standards require nutritional screening of **ALL** patients. In the ambulatory setting, the healthcare provider uses a list of Red Flag diagnoses and criteria to refer patients for nutritional consult*
- *In 121st Gen Hosp inpatients, nursing screens all new patients within 24 hours of admission. An assessment using is completed by dept of nutrition care. If patient is judged to be at nutritional risk, then a full assessment by the dietitian is done*

Red Flag Diagnoses

- *Diabetes, dyslipidemia, hypertension, malnutrition, eating disorder, obesity, failure- to-thrive, GI disorders, endocrine disorders, oncology*
- *Patients with conditions associated with malnutrition risk (trauma, burns, organ failure, etc)*
- *Patients with barriers to feeding (chewing and/or swallowing difficulties)*
- *Patients with unusual eating behaviors*
- *Pregnant and lactating women who have not had prior nutrition education*

Important Nutrition Issues—*Drug-Nutrient Interactions*

- *A select list of drugs is monitored for drug-nutrient interactions*
- *Outpatient education is provided by the pharmacy or pharmacy technician*
- *Inpatient education at the 121st General Hospital is provided by the the Dept of Nutrition Care.*
- *Patients in the ER are counseled by the healthcare provider who treated them*

Drugs Monitored for DNI

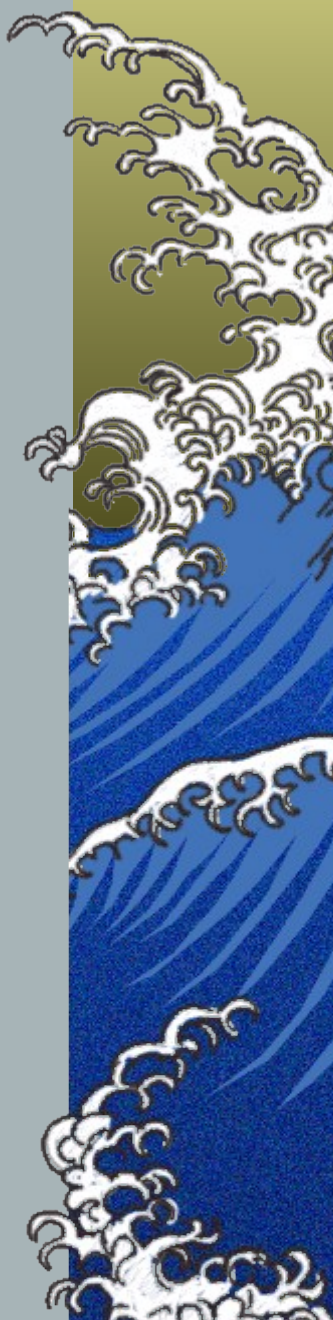
- *Warfarin, lithium carbonate, furosemide, hydroclorothiazide, spironolactone, isoniazide, theophylline, ciprofloxacin, nifedipine*

Important Nutrition Issues

—

Intake of Nutritional Supplements

- *Policy issued by OTSG requires medical screening for nutritional supplements to include:*
  - *OTC medications*
  - *Herbals*
  - *Dietary supplements*
  - *Performance-enhancing agents*
  - *Chinese or Korean medications*
- ✓ *Also screen for any prescription medication from a Korean pharmacy*



Enteral Formulary at the 121st GH

- *Osmolite HN*
- *Boost*
- *Promod*
- *Carnation Instant Breakfast*

To make an appointment:

- *Call 737-5521/3, M-F, 0800-1630*
- *Send a consult via CHCS*

- *Registered Dietitians:*
- *MAJ YU - 737-5302*
- *MAJ CLYDE - 737-3614*

POC for Clinical and Community Issues:

MAJ CLYDE

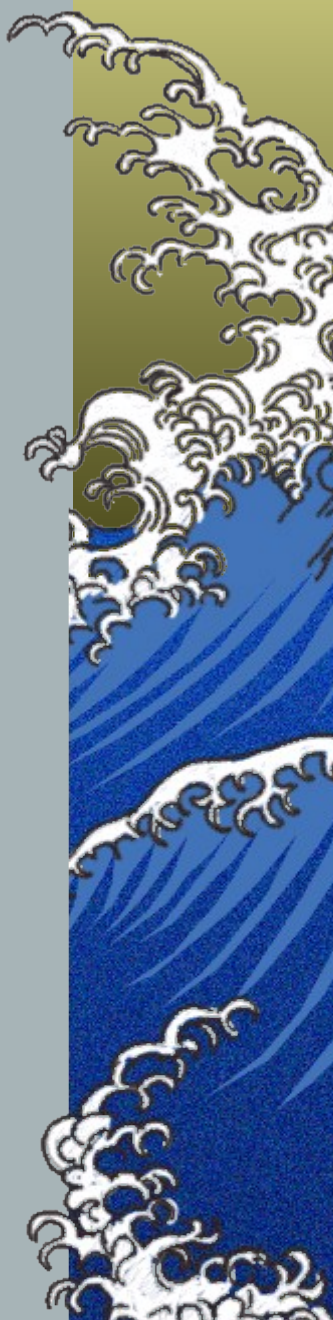
Chief, Clinical Dietetics

121st General Hospital

737-3614/5521

Separate Rations

- *Dietitian can only RECOMMEND (or not recommend) soldier be given Separate Rations—Company Commander must authorize*
- *Many requests are based on questionable reasons*
- *Recommendation is usually based on nutritional needs of soldier*



Dining Room

- *Located on the 1st floor of the hospital*
- *Hours:*

	Weekdays	***Weekends***
Breakfast	*0600-0900*	*0630-0800*
Lunch	*1100-1300* *(limited items 1300-1400)*	*1100-1300*
Dinner	*1600-1730*	*1600-1730*
Snacks	*0900-1100* *1300-1600*	*Not available*

Department of Nutrition Care

737-5523

MAJ Victor Yu, MPH, RD

Chief, Department of Nutrition Care &

18th MEDCOM Nutrition Consultant

MSG Tony Burgess

NCOIC, Department of Nutrition Care